Papaya Salad

**Ingredients**

*Serves 4-6*

- 10 cherry tomatoes, halved
- 2 cloves garlic, minced
- 12 long green beans, cut into 1 inch piece and blanched
- 2 cups shredded green papaya
- 1 cup bean sprouts
- 1/2 cup shredded carrots
- 1 1/2 tablespoons fish sauce, or vegetarian fish sauce
- 2-3 limes, juiced (depending on taste)
- 1 1/2-2 tablespoons brown sugar (depending on taste)
- 2 tablespoons toasted peanuts
- Cilantro, for serving (optional)

**For Salad**

**Directions**

1) In a small bowl, combine the fish sauce, lime juice, and brown sugar. Taste and add lime juice and sugar to taste.

2) Combine all the remaining ingredients in a large bowl and mix well. Add lime juice mixture and mix well. Serve with cilantro.

Created, cooked, and provided by **Culinary Chef Jessica Vanroo** at Health & Fitness Fridays workshop on October 26, 2012