This one day special event offers both field events and track events.

I. Participant Eligibility:
Each team manager and participant is responsible for verifying the eligibility of his/her team. Questionable cases should be referred to the Director of Intramural Sports prior to participation. Please contact 949-824-6935

The following individuals are eligible to participate in Intramural activities with the exception of Summer Quarter.

- Any student registered/enrolled at UC Irvine is eligible to participate in Intramurals, except students taking UCI extension classes.
- UCI faculty and staff with a current Campus Recreation membership are eligible to participate in Intramurals.
- UCI student varsity athletes may not participate in their respective or related IM sport.

**Student Varsity Athletes**

- **UCI Current Student Varsity Athletes** are ineligible to participate in their respective sport or a related sport. They may play in other non-related sports.
- A student varsity athlete who transferred from a two year (junior community colleges, Division II, III, etc.) or four year institution (universities, state colleges or Division I schools, etc,) is ineligible to participate in their respective sport or related IM sport.
- Former varsity athletes who are in their first year of graduate studies must follow the same guidelines as a varsity student athlete and therefore must wait for an entire year before he/she can participate in their respective or related IM sport.
- An individual is considered a varsity student athlete when he/she is listed in any of these criteria: 1.) On the final coach’s roster after the first date of competition, 2.) has received an athletic scholarship, 3.) has competed in that sport during the academic year, 4.) is “red-shirting” in the sport.
- Former varsity student athletes are eligible to participate in their sport provided one calendar year (365 days) has elapsed since their status as a varsity student athlete has ended.
- Each team is restricted to one former student athlete in their respective sport.
- An individual is not considered a varsity student athlete if he/she is trying out for the team and did not make the team.

MEET RULES:

A. There will be three separate divisions (Men's Women's and a Coed Division). A team may enter only in one Men's/Women's Division and a Coed Division. Each separate division will need at least 3 or more teams to compete in a division.

B. “Individuals” not on a team will not count toward team points.

C. Participants may compete in a total of 3 track events & all field events.

D. Each team may have up to 2 individuals per event (for points), and 1 relay team per event.

E. Spikes longer than ¼ inch is NOT allowed.

F. Each team must provide a volunteer timer!

G. A 10lb. Shot Put will be used. 3 attempts per participant. Measurements are at 35’ and every 5’ after.

H. Long Jump - 3 attempts per participant. Measurement is to the closest point touched from the take-off point. A run through the foul line will count as a scratch.

I. High Jump- 3 attempts per height. A cross of the vertical plane of the bar will count as an attempt.

J. All track events will be timed & the participant with the fastest time will be declared the winner (regardless of what heat you may run in).

**FIELD EVENTS:**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Jump</td>
<td>10:00-10:45am</td>
</tr>
<tr>
<td>Shot Put</td>
<td>10:15-11am</td>
</tr>
<tr>
<td>High Jump</td>
<td>10:30-11:30am</td>
</tr>
</tbody>
</table>
TRACK EVENTS:
4 x 100 Meter relay   10:00am
110 Hurdles   10:15am
1600 Meters   10:30am
400 Meters   10:45am
100 Meters   11:00am
800 Meters   11:15am
4 x 400 Meter relay  11:30am

Team points
1st 12 points
2nd 10 points
3rd 8 points
4th 6 points
5th 4 points
6th 2 points

Individual Points
1st 10 points
2nd 8 points
3rd 6 points
4th 4 points
5th 2 points