



## YOUTH SUMMER AQUATICS PROGRAM - 2018

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**About the Program:** The UC Irvine, Department of Campus Recreation will again offer group and private swim instruction to dependents of the UCI community, including UCI Students, Faculty, Staff, Alumni, Affiliates and their spouses ages **3\*-12** (ARC Membership is not required). Lessons will be held at the Anteater Recreation Center pool.

**Schedule:** Classes will be offered in two, two-week sessions, which will meet 4 days each week (**Monday-Thursday**). All levels are offered in 40 minute lessons. Classes are scheduled to start between 3-4:30pm. Private lessons available upon request at various times. All levels will have a maximum of 10 participants. Participants will be grouped by experience within the class. All instructors have completed American Red Cross certification along with the Campus Recreation in-service training program.

**Dates:** Session 1: July 16-26  
Session 2: August 6-16

**Enrollment:** Enrollment begins on **April 3<sup>rd</sup>** at Campus Recreation Services located in the Anteater Recreation Center. The office is open from 8am – 6pm, Monday - Friday. You may pay with cash, check (payable to UC Regents) or credit card (Visa/MasterCard). Take the registration form to the ARC or mail the completed form (**with signed waiver**) to:  
**Campus Recreation Services  
680 California Ave.  
Irvine, CA 92697-4515**

**Online:** You may also enroll online. For online enrollment instructions, please visit our Summer Swim website at: <http://www.campusrec.uci.edu/youth/summer-swim.asp>  
If enrolling online, the signed waiver form must be delivered to the ARC Summer Swim Program at least seven (7) days prior to the first lesson. Available delivery methods are as follows:

**In Person:**

-Please put forms in an envelope/packet with **ATTN: Anteater Recreation Summer Camps** on the front.  
-Forms can be accepted by Service Desk (located upstairs from the ARC Front Desk) personnel, Monday-Friday from 8am-6pm. Forms delivered outside of this time can be dropped off at the Front Desk. Please make sure the attendant knows it is for ARC Summer Camps.

**By Fax:**

Please include a cover page with "Attn: ARC Summer Camps"  
(949) 824-4822

**By Email:**

Forms may be scanned and emailed to [k.anderson@uci.edu](mailto:k.anderson@uci.edu)

Please register at least 10 days prior to the desired session to ensure availability. You will be notified only if we can not accommodate your request.

**Cost:** (ARC Member)                      **Sessions 1 & 2: \$50**  
(Non-ARC Member)                      **Sessions 1 & 2: \$58**

**Refund Policy for Youth Swim available at [www.campusrec.uci.edu/arc/policies.asp](http://www.campusrec.uci.edu/arc/policies.asp)**

**American Red Cross swim levels:**

Each level is designed to build upon the previous level. Some skills will be repeated in subsequent levels. The prerequisite for advancing to the next level is successful demonstration of the skills from the preceding level. Contact Campus Recreation for a complete list of skills. Please note classes may need to be adjusted for group participants according to age and ability.

**Level 1: Introduction to Water Skills** - Purpose: Help children feel comfortable in the water. Skills include: Basic water safety rules, Swimming on front and back using arm and leg actions, Opening eyes underwater and picking up submerged object (parents are allowed in the Pool during designated Level 1P classes)

**Level 2: Fundamental Aquatic Skills** - Purpose: Give children success with fundamental skills. Skills include: Submerging entire head, Front and back glide, Treading water using arm and leg motions, Swimming using combined stroke on front, back and side, Jellyfish float

**Level 3: Stroke Development** - Purpose: Build on the skills in Level 2 by providing additional guided practice. Skills include: Rotary breathing in horizontal position, Front and back glide, Front and back crawl, Survival float, back float, Butterfly-kick and body motion

**Level 4: Stroke Improvement** - Purpose: Develop confidence in the strokes learned and improve other aquatic skills. Skills include: Elementary backstroke, breaststroke, butterfly, Swim underwater, Survival float, back float, Tread water using sculling arm motions and kick

**Level 5: Stroke Refinement** - Purpose: Provide further coordination and refinement of strokes. Skills include: Front and back crawl, Butterfly, Breaststroke, Elementary backstroke, Sidestroke, Survival swimming, Rescue breathing, Standing dives, Surface dives, and Flip turns

**Private lessons:** Private and Semi- private lessons are available for children \*2 1/2 and up. Please contact Campus Recreation Services for availability.

**Cost:** \$25 for individually purchased privates, \$26 for individually purchased semi-privates (\$13 per student) for a 40 minute lesson. Package of 4 lessons: \$92 for private, \$88 for semi-private. Semi-private children must be at the same level and must be grouped by the participants.



**\*All children must be potty trained and adults must remain at the pool during the Children’s lesson.**

## **UCI CAMPUS RECREATION YOUTH SUMMER SWIM SCHEDULE - 2017**

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July 16-26: Monday-Thursday

Aug 6-16: Monday-Thursday

3-3:40pm: Level 5

3-3:40pm: Level 1&2

3:45-4:25pm: Level 3&4

3:45-4:25pm: Level 3&4

4:30-5:10pm: Level 1&2

4:30-5:10pm: Level 5

# CAMPUS RECREATION YOUTH SUMMER SWIM REGISTRATION - 2018

Please complete ONE form per child. (Please Print Legibly)

**Lesson Fees:** Sessions 1 & 2: \$50 Dependents of ARC Members/Fulltime Summer Students  
 Sessions 1 & 2: \$58 Dependents of non-ARC Members (UCI Students, Faculty, Staff, Alumni, Affiliates and their spouses)

**No refunds will be administered after the 1<sup>st</sup> class lesson.**

Session	Date	Time	Level	Fee

**PARENT/PARTICIPANT INFORMATION:**

Child's Name: \_\_\_\_\_  
(First Name) (Last Name)

Child's Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: Male Female

Parent's Name: \_\_\_\_\_  
(First Name) (Last Name)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parent/Guardian's Affiliation to UCI: \_\_\_\_\_

UCI Student/Staff/Faculty ID #: \_\_\_\_\_

**Registration must be completed in person, mail or sent via email. Phone registrations will not be accepted.**

**No refunds after the 1<sup>st</sup> class lesson.** Changes and refund requests prior to the 1<sup>st</sup> lesson are subject to a \$10 processing fee. If you have questions or need more information, please contact us at 949-824-3738.

Make checks payable to UC Regents or if paying by VISA or MasterCard, please include card number and expiration date

FOR OFFICE USE ONLY

Fee: \_\_\_\_\_ Cash  Check  # \_\_\_\_\_ Visa  MasterCard

Clerk: \_\_\_\_\_ Date: \_\_\_\_\_ Acct#: \_\_\_\_\_ Exp Date: \_\_\_\_\_

