

## ARC FAMILY/YOUTH/SWIM PROGRAM POLICY & INFORMATION SHEET

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**In addition to the general ARC and Campus Recreation policies, the following specific policies shall be in effect for all Family / Youth / Swim Programs:**

- Family/Youth programs are only offered for legal dependents of current UCI students or current ARC members unless otherwise specified. Youth are defined as dependents 17 years old and younger. Dependents 18 years and older are required to purchase a day use pass.
- Parents/Legal Guardians must show a current UCI student ID or a valid ARC membership card when entering the ARC or signing up children for designated programs.
- **Children must be accompanied by an adult member at all times.**
- Children are allowed to participate in drop-in activities in Basketball, Volleyball, Indoor Soccer, and Badminton during designated weekend times. Contact the ARC Front Desk for court availability.
- Children 14 years and older may participate in adult group pick-up games. Children 10 years and older may participate in Racquetball games. Racquetball courts may be reserved up to 24 hours in advance by contacting the ARC Front Desk.
- **Children are not permitted in the Fitness Lab, Wellness Lab or on any cardio or weight equipment located throughout the facility, at any time.**
- **Children may not be left unattended while adult members participate in drop-in or formal activities.**
- Use of the Locker Rooms is limited to adults and same sex children. Individual restrooms and outside showers are available for adults supervising young children of the opposite sex. Children must be accompanied by a parent any time they use a restroom or locker room.
- Food and drink is not allowed outside of the lobby or patio area with the exception of water in a plastic, resealable container.
- Skateboards, scooters, inline skates, and bicycles are not permitted in the ARC.

### **Children's Swim Time**

- **During Family Swim time, an adult member must accompany and supervise their children at all times.**
- Use of the Locker Rooms is limited to adults and same sex children. Individual restrooms and outside showers located adjacent to the pool are available for adults supervising young children of the opposite sex. Children must be accompanied by a parent any time they use a restroom or locker room.
- Children entering the pool under 48" tall must be accompanied by an adult.
- Children's non-swimming play activities shall be restricted to the shallow lanes and wading area.
- Children are allowed to swim laps in any of the lanes.
- Children wearing diapers must also wear leak proof plastic/rubber shorts.
- Please ensure that all children are healthy and use the restrooms prior to entering the pool. Accidents occurring in the water may result in closure of the pool.
- Toys and inflatable floatation devices are not permitted in the pool.
- Properly fitted United States Coast Guard approved life jackets are permitted in the pool.
- Approved kick boards are permitted in the pool.

## **Children's Climb Time**

- Children's climb time is only offered for legal dependents of current UCI students or current ARC members. Faculty/staff that are not ARC members may purchase an ARC Day Pass and bring their children to the Rock Wall. Youth are defined as dependents 17 years old and younger. Dependents older are required to purchase a day use pass and must be sponsored by an adult member or student.
- Children's climb time is a supervised session. All safety supervision is provided by certified safety belay staff.
- A parent who is safety belay certified may belay their own child.
- To become safety belay certified, ARC member parents may enroll in a Climb 1 class at the ARC.
- All participants are required to wear a helmet while climbing (helmets are provided or participants may bring their skate/bicycle helmet to wear).
- Parents/Legal Guardians must show a current UCI student ID, a valid ARC membership card or a California Driver's License (Only Faculty/Staff) when entering the ARC or signing up children.
- Children must be accompanied and actively supervised by an adult member at all times.
- Children may not be left unattended while adult members participate in drop-in or formal activities.
- Adult members are responsible for the behavior of children in their care while in the ARC. To ensure proper supervision, there is a maximum of two children per adult member. Written requests for exceptions to this policy must be approved by Program Directors in advance.

**Please note: Special Events or safety concerns may result in the modification or cancellation of Family / Youth drop-in hours.**

Revised: 1/24/12